

Breastfeeding

The current ACR recommendations no longer state that patients must “pump & dump.” Patient should make an informed decision, knowing that the amount of iodine excreted in breastmilk and absorbed by the baby is so low (less than 0.01% of the administered dose) that it is felt to be safe to continue breastfeeding. If the patient remains concerned, they can certainly choose to discard their breastmilk for the next 24 hours.